

Sewing Instruction

What You Need

- Basic sewing supplies (scissors, thread, pins, iron, sewing machine).
- 1.25 meters (1.4 yards) of fabric (depending on apron length).
- Matching thread for a clean finish.
- Fabric marking tools (chalk or fabric pen).
- Measuring tape to ensure accurate strap placement.
- Optional: A thicker needle if using heavy fabrics like canvas or denim.

Fabric Options

Choose a sturdy, tightly woven, easy-to-clean fabric:

- Heavy cotton - breathable and durable.
- Chino - smooth and resistant.
- Canvas - tough and long-lasting.
- Denim - strong and stylish.

For best durability: Use raw denim (100% cotton) - avoid stretch fabrics, as they won't hold shape well.

Cutting Instructions

Cut 1 front piece on the fold (this will be the main apron body).

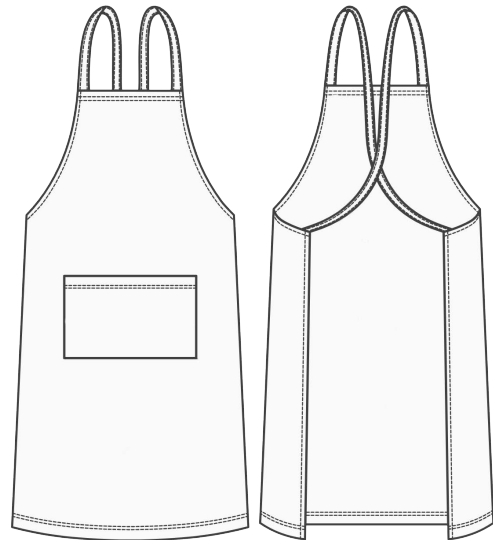
- Cut 1 pocket on the fold.
- Cut 2 straps.

Recommended Seam Allowance: 1 cm (3/8 inch).

(Since seam allowance is not included in the pattern, be sure to add it before cutting!)

Size Guide (Finished Measurements):

Size	Neck (inch)	Chest (inch)	Waist (inch)	Hips (inch)	Neck (cm)	Chest (cm)	Waist (cm)	Hips (cm)
XS	13	32.5	24.02	34.45	33	82.5	61	87.5
S	13.78	34.45	25.98	36.61	35	87.5	66	93
M	14	35.4	27	37.4	35.5	90	68.5	95
L	14.2	38	29.5	40	36	96.5	75	101.5
XL	14.7	41	32.5	42.9	37	104	82.5	109
2XL	15.3	44.9	36.6	46.8	39	114	93	119
3XL	16.54	49.61	43.3	51.97	42	126	111	132



Step 1: Sewing the Pocket

- 1 Fold the top edge seam allowance to the wrong side and press.
- 2 Fold the side and bottom seam allowances to the wrong side and press.
- 3 Pin the pocket to the apron front using the provided placement guides.
- 4 Edgestitch along the sides and bottom, leaving the top open.

5 Backstitch at the beginning and end to secure the pocket.

TIP:

- If catching the top hem is difficult, baste near the hem edge first or pin from the right side.

NOTE:

- You can use any patch pocket sewing method you prefer.
- Personalize your apron by embroidering a name or design on the pocket.

Step 2: Hemming the Apron

- 1 Press the side seam allowances to the wrong side.
- 2 Fold the side seams again along the hem lines, tucking the raw edges inside.
- 3 Topstitch along the folded edges from the right side.
- 4 Repeat for the top and bottom hems.

NOTE:

Hem the side seams before the top and bottom hems since they are narrower.
The side seams use a double-fold narrow hem for a clean finish.
For extra strength, use a reinforced stitch along high-stress areas.

Step 3: Attaching the Straps

- 1 Fold one strap in half lengthwise, right sides together.
- 2 Stitch along one short edge and the long edge.
- 3 Turn the strap right side out and press.
- 4 Use the cross and rectangle markings as a guide to attach the top of the strap.
- 5 Attach the bottom end of the strap to the right side seam.
- 6 Repeat for the second strap.

OPTIONAL:

- Use D-rings or slider buckles for strap adjustments.
- To make a waist tie version, sew an additional set of straps at the waist.

Step 4: Reinforcement & Final Touches

Double-check all seams for strength, especially the straps.
Trim any excess threads.
Press the entire apron for a polished, professional finish.

Step 5: Enjoy Your Apron!

Your apron is finished! Wear it with pride and enjoy making every stain a memory.

Additional Sewing Tips

For heavy fabrics like canvas or denim, use a size 14 or 16 needle.
If sewing multiple aprons, consider batch sewing.
Pre-wash your fabric before cutting to avoid shrinkage.